

Cool Cats Youth Classes

These after school dance lessons (3:30pm-5:00pm) provide fun, challenging, and healthy extra-curricular activity for upper primary and high-school students. The lessons are designed for those aged 10-15 (school yrs 6-10) as we recognise that younger students may struggle with content, while senior high-school students are often busy with study. However, applications made by any primary or high-school student will be considered, in accordance with class balance and student interest.

Classes run for the duration of each school term, with each term having a different style and technique focus (refer below). Students will learn to both lead and follow in an interactive group environment, while additional partnership training and individual feedback ensures appropriate skills focus and ongoing dance development.

The cost per student is \$110 (GST inc.) per term.

Cool Cats: How & What We Teach

Cool Cats is dedicated to the long term development and promotion of Rock 'n' Roll dancing, which means maintaining the highest standard of teaching across dance styles and long-term commitment to youth participation. Our instructors are qualified dance professionals with the Australian Rock 'n' Roll Dance Council and have current Working With Children (WWC) checks. We believe that lessons should be fun, friendly, flexible, and facilitate improvement. You can find out more about our teaching approach on the website:

<http://www.coolcatsrocknroll.com/lessons.asp>

Cool Cats youth classes are designed to provide students with both variety and consistent development in core dance styles and skills. The class format encourages interaction between students during the group training session, while also allowing students to focus on preferred dance styles with a like-minded partner.

The structure of each class is outlined below:

- 0-15 Warm-Up - Footwork & Body Movement Exercises; Stretching
- 15-60 Group Session - course progression through the term dance style
- 60-90 Technique Focus - individual and/or partnership work according to content

The chosen dance style and technique focus for each term are:

- Term 1* - 4Beat (Dance); Body Movement & Pressure (Technique)
- Term 2* - Rockabilly (Dance); Body Mechanics (Technique)
- Term 3* - Rock 'n' Roll (Dance); Lead/Follow (Technique)
- Term 4* - Swing/Lindy-Hop (Dance); Timing & Harmony (Technique)

Student Agreement

- I agree to participate in all elements of the class actively and attentively.
- I agree to learn both the lead and follow roles.
- I agree to support and help fellow students as they improve their dancing, particularly new students to the group.
- I agree to learn the dance styles, routines, and skills taught in class - regardless of my dislike or preference for other dance activities.
- I agree to listen to all feedback provided by the class instructor. I understand that, while constructive criticism may sometimes be difficult to accept, the information being provided is to improve my skills as a dancer.
- I agree to apply myself to the skills practise (homework) that may be given at the end of each class. I understand that failure to practise may hinder not only my own progression, but also that of other students in the class.
- I agree to behave appropriately in class at all times, respecting my fellow students, the class instructor, and myself. I understand that failure to behave may result in my expulsion from the class, temporarily or permanently.

Student Signature:

Date:

Terms & Conditions

- Students who do not sign the student agreement will not be considered for placement.
- Course enrolment is on a per term basis with payment due upon completion of student registration. While preference will be given to continuing students, Cool Cats is under no obligation to renew class placements.
- If there are insufficient numbers, lessons may not run during the term. Parents will be informed a week prior to the commencement of the term should such a situation arise.
- Students may be expelled from lessons, either temporarily or permanently, for unacceptable behavior, non-participation, or persistent poor attitude in class. No refund is offered for non-attendance or should the student be expelled from lessons.
- Parents are welcome to attend lessons and watch. However, no interference with class progression or individual student instruction is permitted. Each dancer has different skills and weaknesses and it is the role of the instructor to balance student needs accordingly. Class interference may result in forfeiture of a student's placement without refund.