

## Kick-Step (C) Routine

### Week 1

- Basic Footwork
- Long Walks

### Week 2

- Under Arm Turn & Return
- Pass Behind the Back (Left to Right) **OR**
  - Sugar Roll

### Week 3

- Under Arm Turn & Return
- Closed American Spin **OR**
  - Optional Follow\*\* - Slow Sweep Spin
- Open American Spin (Optional\* Tandem Spin)

### Week 4

- Pass Behind the Back (Front to Back)
- Return
- The Bob **OR**
  - Hey You! (Pause/Play to Fit!)

### Week 5

- Cuddle & Roll-Out **OR**
  - Who's the Boss?
- Return

### Week 6

- Gate Side to Side
- Sweep Walks
- Choice of Exits

<b>Kick-Step (C)</b>	<b>Tier 1</b>	<b>Tier 2</b>	<b>Tier 3</b>
<b>Week 1</b>	Basic Footwork	Frame & Compression; Long Walks	Pauses, Half-Time and other Timing Variation - How to Play
<b>Week 2</b>	U/A Turn and Return; Basic Link	Opening Out; Pass Behind the Back 2	Sugar Roll; Slow Flirt Rocks
<b>Week 3</b>	Open and Closed American Spins	Slow Sweep Spin; Back and Forth American Spin	Sweep Spins; Tandem Sweep Spin
<b>Week 4</b>	Pass BTB; Belly Rub; Back Rub	The Bob - Fast & Slow	Hey You!
<b>Week 5</b>	Cuddle & Roll-Out	Who's The Boss?	Cat's Double Cuddle
<b>Week 6</b>	Gate; Gate StS	Sweep Walks; Wally Walks	Sweep Walks with Flirt and Slide Exit