

Rockabilly

Rockabilly (A)	Tier 1	Tier 2	Tier 3
Week 1	Basic Footwork and Hand Holds	Frame & Movement; Lady's Hip Lift, Basic Hand to Hand	Body Movement & Blocks
Week 2	Top Turn and American Spin	Top Turn Variations - (LH) Double; Cuddle; Flick Away; Tandem	The Whirlwind
Week 3	LH and RH Figure 8	The Shoulder Drop LH and RH	Tumble Dryer
Week 4	Double Hand Basic; Cuddle and Roll-Out	Roll Across	Pretzel
Week 5	Gate; Gate StS	Roll Around; Basic Push Pulls	The Headchopper
Week 6	Spaghetti Pull-Out	Spaghetti → Multiple Rotations	Basic Gozunder

Rockabilly (B)	Tier 1	Tier 2	Tier 3
Week 1	Basic Footwork and Hand Holds	Basic Push Pulls; The Pull Through	Bow & Arrow
Week 2	Top Turn and American Spin	Reverse TT Variations - Hold, Flick Away, Cuddle 1, Cuddle 2	Reverse Tunnel; The Turtle
Week 3	LH and RH Figure 8	Rocks Off The Back	Compounding Moves - Figure 8 to Pass Behind the Back
Week 4	Double Hand Basic; Cuddle and Roll-Out	The Bird-Cage	Tunnel (Dip); Back and Forth Pretzel
Week 5	Gate; Gate StS	Gate Over-Roll	Over-Roll into Around The World
Week 6	Spaghetti Pull-Out	Spaghetti Rocks	Spaghetti Drop (Optional)

Rockabilly (C)	Tier 1	Tier 2	Tier 3
Week 1	Basic Footwork and Hand Holds	Elbows; Reverse Catches - Extension	Entries for Rocks, Pauses and Other Fun
Week 2	Top Turn and American Spin	Rockabilly Rocks	Double Speed Top Turn and Reverse TT; The Lady Spins?
Week 3	LH and RH Figure 8	The Sleaze	LH Figure 8 into Simultaneous
Week 4	Double Hand Basic; Cuddle and Roll-Out	Double Hello	The Wave and Variations
Week 5	Gate; Gate StS	Rockabilly Tandem Kicks	The Tray
Week 6	Spaghetti Pull-Out	Man Under	Come Back Again



Rock 'n' Roll