

Kick-Step (C)	Tier 1	Tier 2
Week 1	Basic Footwork	Frame & Compression; Long Walks
Week 2	U/A Turn and Return; Basic Link	Opening Out; Pass Behind the Back 2
Week 3	Open and Closed American Spins	2H American Spin; Spinning Top
Week 4	Pass BTB; Belly Rub; Back Rub	The Bob; Rhythm Variations
Week 5	Cuddle & Roll-Out	Who's The Boss?
Week 6	Gate; Gate StS	Sweep Walks (Wally Walks)

Notation

- Tier 1 Content
 - Tier 2 Content
 - *Linking figures to basic Tier 1 Routine*
- OR ... Tier 2 content replaces the Tier 1 figure
- /... Choice of figure(s)

Kick-Step (C) Routine

Week 1

- Basic (Closed)
 - Long Walks

Week 2

- Under Arm Turn & Return
 - Open Out (on Return)
 - Pass Behind the Back 2
 - *Under Arm Turn & Return*

Week 3

- Closed & Open American Spin **OR**
 - 2H American Spin
 - Flick Away
- Return

Week 4

- Pass BtB / Belly Rub / Back Rubs
 - *Return*
 - The Bob
- Return

Week 5

- Cuddle & Roll-Out **OR**
 - Who's The Boss?
- Return

Week 6

- Gate Side to Side **OR**
 - Sweep Walks
- Open American Spin
- Link